Advocacy & Activism
#BedsideAndBeyond

OMNE/ANA-Maine
Annual Meeting

ANA President
Ernest Grant, PhD, RN, FAAN
NURSES:

✓ The LARGEST health profession

✓ Spend the most TIME WITH PATIENTS

✓ The MOST TRUSTED
A Healthy World Through The Power Of Nursing
• Represents the interests of the nation’s 4 million registered nurses

• Is at the forefront of improving the quality of care for all

Nurses ADVANCING OUR PROFESSION to improve health FOR ALL
9/11/2001
Never Forget
To Ernest Grant
With Best Wishes,
PRIORITIES

Increase
Care Givers Need Healthy Work Environments

- Staffing
- Workplace Violence
- Nurse Fatigue
- Safe Patient Handling & Mobility
Safe Staffing
Principles for Nurse Staffing

Nurse staffing is an asset to ever-evolving health care systems. Appropriate nurse staffing, with sufficient numbers of nurses, improves the health of the populations. Nurses at all levels within a health care system must have a substantive and active role in staffing decisions.

1. **Principle #1 HEALTH CARE CONSUMER**
   Nurse staffing decisions are based on the number and needs of the patients, families, groups, communities, and populations served.

2. **Principle #2 INTERPROFESSIONAL TEAMS**
   Optimal care is achieved through individual actions and collaboration with other health care team members. Nurses are full partners in the delivery of safe, quality health care.

3. **Principle #3 WORKPLACE CULTURE**
   Organizational leaders must create a workplace environment that values nurses as critical members of the health care team.

4. **Principle #4 PRACTICE ENVIRONMENT**
   All nursing care delivery systems must provide the necessary resources to meet each health care consumer’s individual needs and the demands of the unit.

5. **Principle #5 EVALUATION**
   Organizations must have appropriate nurse staffing plans. All settings need well-developed staffing guidelines with measurable nurse-sensitive outcomes.
Workplace Violence
endnurseabuse.org
Take a stand: No more violence to health care workers

**Forms of violence to health care workers**
- Biting
- Kicking
- Punching
- Pushing
- Pinching
- Shoving
- Scratching
- Spitting
- Name calling
- Intimidating
- Threatening
- Yelling
- Harassing
- Stalking
- Beating
- Choking
- Stabbing
- Killing

**Statistics on violence against health care workers**
- 25 percent of nurses reported being physically assaulted by a patient or a patient’s family member, and about half reported being bullied (ANA)
- Workers in health care settings are four times more likely to be victimized than workers in private industry (SIA and IAHSSF)
- Health care workers have a 20 percent higher chance of being the victim of workplace violence than other workers (National Crime Victimization Survey)
- Violence-related injuries are four times more likely to cause health care workers to take time off from work than other kinds of injuries (BLS)

**Violence against health care workers is grossly underreported**
- Only 30 percent of nurses report incidents of violence
- Only 26 percent of emergency department physicians report violent incidents

**Health care workers**
- think that violence is “part of the job”
- are sometimes uncertain what constitutes violence
- often believe their assailants are not responsible for their actions due to conditions affecting their mental state

**Factors associated with perpetrators of violence**
- Altered mental status or mental illness
- Patients in police custody
- Long wait times or crowding
- Being given “bad news” about a diagnosis
- Gang activity
- Domestic disputes among patients or visitors
- Presence of firearms or other weapons

**What to do when violence occurs**
- Report it! Notify leadership, security and, if needed, law enforcement.

Source: Sentinel Event Alert Issue 69, “Physical and verbal violence against health care workers.” For more information.

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**ANA**
AMERICAN NURSES ASSOCIATION
Workplace Violence Prevention
1 IN 4 NURSES HAS BEEN PHYSICALLY ASSAULTED AT WORK.

THAT'S NOT OK.

A NURSE SHOULD NEVER BE AFRAID AT WORK.
Nurse Fatigue
Action Collaborative on Clinician Well-Being & Resilience

400 die by suicide each year, a rate more than 2X that of the general population. (Andrew & Brenner, 2016)

24% of ICU nurses tested positive for symptoms of post-traumatic stress disorder. (Moller et al., 2007)

Physician rates of depression remain alarmingly high at 39%. (Jernigan, 2010)

23–31% Prevalence of emotional exhaustion among primary care nurses. (Chavez-Urgoiti et al., 2016)

How can we protect the health of the people who protect our own?

Learn more at nam.edu/ClinicianWellBeing
Safe Patient Handling & Mobility
ANA Improving the Health of Nurses & Communities

HEALTHY NURSE
HEALTHY NATION
leading the way to better health
Defining a “Healthy Nurse”

A “HEALTHY NURSE” is one who actively focuses on creating and maintaining a balance and synergy of PHYSICAL, INTELLECTUAL, EMOTIONAL, SOCIAL, SPIRITUAL, PERSONAL AND PROFESSIONAL WELLBEING.

Visit www.hnhn.org
Ethnic Minority Fellowship is Established

The Minority Fellowship Program

1974: National Institute of Mental Health (NIMH) established the MFP to enhance services to minority communities through specialized PhD training of mental health professionals in nursing at the American Nurses Association; psychiatry at the American Psychiatric Association; social work at Council on Social Work Education, and psychology at the American Psychological Association.
Since 1974, the MFP has graduated more than 350 minority nurses at the doctoral level specializing in mental health and substance abuse (50 doctoral graduates from 2002-Present)
Advocacy & Leadership
120+ Years of Nursing Leadership
ANA’s Principles for Health System Transformation
When Nurses Talk, Washington Listens

Civic Action Center

View your candidates, register to vote, and find your polling place!

Check Now

Enter some basic information to check and verify your registration status, party affiliation, registered address, and other important details.

- Make your voice heard in this election
- Can't vote on election day? Vote Early!
- Find where to vote on Election Day

Check Now

Register to Vote

Vote Early

See Polling Locations

ANA
AMERICAN NURSES ASSOCIATION
ADVOCACY is the act or process of pleading for, supporting, or recommending a cause or course of action.
Together, we amplify nursing’s voice
Advocacy Efforts Regarding the Health Conditions of Migrant Families
Advocacy and Leadership in All Settings
NURSES HOLD ONLY 5 PERCENT OF HOSPITAL BOARD POSITIONS
Poised for Leadership

Nurses already play a huge role on the frontlines. It’s time they play a greater role in the boardroom.
Global Nursing Leadership
Visit: nursingnow.org/USA
Desired Culture of Health
Global Trends

1. No Poverty
2. Zero Hunger
3. Good Health and Well-being
4. Quality Education
5. Gender Equality
6. Clean Water and Sanitation
7. Affordable and Clean Energy
8. Decent Work and Economic Growth
9. Industry, Innovation, and Infrastructure
10. Reduced Inequalities
11. Sustainable Cities and Communities
12. Responsible Consumption and Production
13. Climate Action
14. Life Below Water
15. Life on Land
16. Peace, Justice, and Strong Institutions
17. Partnerships for the Goals
Embracing Technology
Fostering Innovation
ANA ENTERPRISE
Nurses of the Future
THANK YOU!

Stay Engaged –

anacapitolbeat.org
nursingworld.org

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QUESTIONS?